

# Tracheostomy Care

## About this course

This course aims to provide delegates with a solid understanding of tracheostomy care and management. Learn about the anatomy and physiology of the respiratory system, which is required in order to confidently care for individuals with a tracheostomy.

Caring for someone with a tracheostomy requires practiced skill and sufficient knowledge. Delegates of this course will gain a holistic knowledge of tracheostomy care and management.

## Course content

Our tracheostomy care course covers the following topics:

- Anatomy and physiology
- Indications for a tracheostomy
- Types of tracheostomy
- Types of tubes
- Suctioning
- Stoma care
- Humidification
- Changing a tube
- Preparation to receive a tracheostomy client
- Emergency care

## Learning outcomes

- Explain the indications for a tracheostomy
- Describe the specific care needs for a patient with a tracheostomy
- Clearly document tracheostomy assessment and care provision
- Identify the equipment required and how to use it safely
- State the complications associated with a tracheostomy and how to reduce risk
- Identify an emergency situation and the appropriate actions required

